

Newsletter January 2023

TROWBRIDGE FRIENDS LINK



Dear friends,

This will be my last newsletter as I am retiring on January 31st

I had hoped to be able to introduce someone taking over but as yet I have not been able to recruit anyone. Trowbridge Friends Link will become part of David's Table Trust and a worker is being sought for both jobs. I will pass your details to the new person so if you do not want to be contacted please let m know before January 31st.

Swimming

I am pleased to say that the 'All Welcome' swim has returned to Tuesdays at 11-12 in the Trowbridge Sports Centre pool at Clarendon. I will be swimming on January 17th and 31st and may turn up any Tuesday morning after that!

Lunch

I will be at the Bay Tree Cafe in Trowbridge Garden Centre on January 17th and 31st from 12.30-1.30pm and suggest that any Tuesday you can swim and go for lunch and meet up with friends without my being there.



On December 20th 38 of us met for a Christmas meal at the Red Admiral. While the service was terrible the food and the company were great and I am sorry if I did not manage to take your photo.



Other Activities

The Archway disco will be held at 7-9pm at the Wesley Rd Club on the **first Monday of the month**.

Admission £3, drinks and snacks available at the bar.



Lunch and skittles at the Lamb on Mortimer Street 12-3pm on the **3rd Friday of the month, first one January 20th**.

Contact Sylvie on 07930 874657 for more information

You are all welcome at the Shine Friendship Café in Melksham **every Friday** 10-12 in Queensway Hall, Pembroke Rd, Melksham SN12 7NB. Come for the morning or drop in for a drink. Bacon sandwiches, cakes, tuck shop, Karaoke and free Bingo with prizes. Owing to the popularity of the Café **places must now be booked** via the Shine Friendship café facebook page.



There is also an afternoon session of drama, baking, games, puzzles and craft 1.30-3pm. Again **places must be booked in advance**.

For more information, please contact **Cath Pilling 07935 238689** or **01225 707550** or **[email:trowbridgefriendslink@gmail.com](mailto:trowbridgefriendslink@gmail.com)**

www.trowbridgefriendslink.org and find us on Facebook